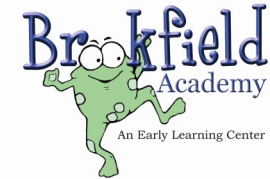


# October 2025 Theme: "The World of Reading"

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1 Breakfast:</b> Oatmeal, Bananas, Milk <b>Lunch:</b> Spaghetti Corn, Pineapple, Milk <b>Snack:</b> Graham Crackers, Sunbutter, Water	<b>2 Breakfast:</b> Rice Krispies, Peaches, Milk <b>Lunch:</b> Ravioli, Mixed Vegetables, Applesauce, Milk <b>Snack:</b> Goldfish, Juice	<b>3 Breakfast:</b> Grits, Bananas, Milk <b>Lunch:</b> Chicken Nuggets, Green Beans, Mandarin Oranges, Milk <b>Snack:</b> Pudding, Vanilla Wafers, Water
<b>6 Breakfast:</b> Cheese Toast, Pears, Milk <b>Lunch:</b> Pizza, Corn, Milk <b>Snack:</b> Yogurt, Cheerios, Water	<b>7 Breakfast:</b> Oatmeal, Pineapple, Milk <b>Lunch:</b> Chicken Sandwich, Green Peas, Mandarin Oranges, Milk <b>Snack:</b> Soft Pretzel Bites w/Cheese Sauce, Water	<b>8 Breakfast:</b> Chicken Biscuits, Peaches, Milk <b>Lunch:</b> Fish Sticks, Tater tots, Black Eyed Peas, Milk <b>Snack:</b> Animal Crackers, Juice	<b>9 Breakfast:</b> Rice Krispies, Bananas, Milk <b>Lunch:</b> Hamburgers, Corn, Lima Beans, Milk <b>Snack:</b> Pudding, Graham Crackers, Water	<b>10 Breakfast:</b> English Muffins w/Cheese, Peaches, Milk <b>Lunch:</b> Chicken & Rice, Green Beans, Milk <b>Snack:</b> Goldfish, Juice
<b>13 Breakfast:</b> Grits, Whole Wheat Toast, Milk <b>Lunch:</b> Spaghetti, Green Beans, Pears, Milk <b>Snack:</b> Goldfish Crackers, Juice	<b>14 Breakfast:</b> Cherrios, Bananas, Milk <b>Lunch:</b> Beef Soft Tacos, Brown Rice, Black Beans, Milk <b>Snack:</b> Yogurt, Juice	<b>15 Breakfast:</b> Oatmeal, Bananas, Milk <b>Lunch:</b> Spaghetti Corn, Pineapple, Milk <b>Snack:</b> Graham Crackers, Sunbutter, Water	<b>16 Breakfast:</b> Rice Krispies, Peaches, Milk <b>Lunch:</b> Ravioli, Mixed Vegetables, Applesauce, Milk <b>Snack:</b> Goldfish, Juice	<b>17 Breakfast:</b> Grits, Bananas, Milk <b>Lunch:</b> Chicken Nuggets, Green Beans, Mandarin Oranges, Milk <b>Snack:</b> Pudding, Vanilla Wafers, Water
<b>20 Breakfast:</b> Cheese Toast, Pears, Milk <b>Lunch:</b> Pizza, Corn, Milk <b>Snack:</b> Yogurt, Cheerios, Water	<b>21 Breakfast:</b> Oatmeal, Pineapple, Milk <b>Lunch:</b> Chicken Sandwich, Green Peas, Mandarin Oranges, Milk <b>Snack:</b> Soft Pretzel Bites w/Cheese Sauce, Water	<b>22 Breakfast:</b> Chicken Biscuits, Peaches, Milk <b>Lunch:</b> Fish Sticks, Tater tots, Black Eyed Peas, Milk <b>Snack:</b> Animal Crackers, Juice ,	<b>23 Breakfast:</b> Rice Krispies, Bananas, Milk <b>Lunch:</b> Hamburgers, Corn, Lima Beans, Milk <b>Snack:</b> Pudding, Graham Crackers, Water	<b>24 Breakfast:</b> English Muffins w/Cheese, Peaches, Milk <b>Lunch:</b> Chicken & Rice, Green Beans, Milk <b>Snack:</b> Goldfish, Juice
<b>27 Breakfast:</b> Grits, Whole Wheat Toast, Milk <b>Lunch:</b> Spaghetti, Green Beans, Pears, Milk <b>Snack:</b> Goldfish Crackers, Juice	<b>28 Breakfast:</b> Cherrios, Bananas, Milk <b>Lunch:</b> Beef Soft Tacos, Brown Rice, Black Beans, Milk <b>Snack:</b> Yogurt, Juice	<b>29 Breakfast:</b> Oatmeal, Bananas, Milk <b>Lunch:</b> Spaghetti Corn, Pineapple, Milk <b>Snack:</b> Graham Crackers, Sunbutter, Water	<b>30 Breakfast:</b> Rice Krispies, Peaches, Milk <b>Lunch:</b> Ravioli, Mixed Vegetables, Applesauce, Milk <b>Snack:</b> Goldfish, Juice	<b>31 Breakfast:</b> Grits, Bananas, Milk <b>Lunch:</b> Chicken Nuggets, Green Beans, Mandarin Oranges, Milk <b>Snack:</b> Pudding, Vanilla Wafers, Water



## Dates to Remember!

**October 13th: Brookfield K4 Fall Break**

**October 13th - 17th- Fall Break School's Out Day for Valdosta City Schools**

**October 13th & 14th -Fall Break School's for Lowndes County Schools & Scintilla**

**October 28th-K4 Class-Vision Screening day**

**October 30th: K4 Field Trip to Fifth Day Farms**

**October 31st- Halloween Dress Up- No Scary Costumes!**