

# October 2019 Theme: "Fun on the Farm"

MON	TUE	WED	THU	FRI
	<p><b>1 Breakfast:</b> Cereal with Milk, Milk  <b>Lunch:</b> Chicken Nuggets, Mixed Vegetables, Apple Sauce, Milk  <b>Snack:</b> Animal Crackers, Juice</p>	<p><b>2 Breakfast:</b> Waffles with Syrup, Mandarin Oranges, Milk  <b>Lunch:</b> Tater Tot Casserole, Green Beans, Milk  <b>Snack:</b> Chocolate Chip Cookies, Juice</p>	<p><b>3 Breakfast:</b> Grits, Whole Wheat Toast, Milk  <b>Lunch:</b> Cheeseburger, Sweet Potato Fries, Green Peas, Milk  <b>Snack:</b> Oatmeal Cookies, Juice</p>	<p><b>4 Breakfast:</b> Muffins, Tropical Fruit, Milk  <b>Lunch:</b> Chicken &amp; Cheese Quesadilla, Yellow Rice, Corn, Milk  <b>Snack:</b> Ritz Crackers, Sliced Cheese, Juice</p>
<p><b>7 Breakfast:</b> Chicken Biscuits, Milk  <b>Lunch:</b> Pizza, Field Peas, Peaches, Milk  <b>Snack:</b> Yogurt, Graham Crackers, Juice</p>	<p><b>8 Breakfast:</b> Cereal with Milk, Bananas, Milk  <b>Lunch:</b> Grilled Chicken Nuggets, Macaroni &amp; Cheese, Corn, Milk  <b>Snack:</b> Brownies, Juice</p>	<p><b>9 Breakfast:</b> Whole Grain Blueberry Waffles, Milk  <b>Lunch:</b> Beef Stew, Rice, Green Beans, Milk  <b>Snack:</b> Pudding, Vanilla Wafers, Juice</p>	<p><b>10 Breakfast:</b> French Toast Sticks, Peaches, Milk  <b>Lunch:</b> Grilled Chicken Sandwich, Tater Tots, Black Eyed Peas, Milk  <b>Snack:</b> Cheese Crackers, Juice</p>	<p><b>11 Breakfast:</b> Cinnamon Toast, Mandarin Oranges, Milk  <b>Lunch:</b> Ravioli, Corn, Milk  <b>Snack:</b> Soft Pretzel Bites w/Cheese Sauce, Juice</p>
<p><b>14 Breakfast:</b> Waffle Sticks, Fruit, Cocktail, Milk  <b>Lunch:</b> Roast Turkey Slices, Mashed Potatoes, Broccoli &amp; Cheese, Milk  <b>Snack:</b> Butter Cookies, Juice</p>	<p><b>15 Breakfast:</b> Buttered Biscuit, Jelly, Peaches, Milk  <b>Lunch:</b> Chicken Noodle Bake, Green Beans, Milk  <b>Snack:</b> Graham Crackers, Yogurt, Juice</p>	<p><b>16 Breakfast:</b> Grits, Potato Rounds, Milk  <b>Lunch:</b> Spaghetti, English Peas, Pineapple, Milk  <b>Snack:</b> Rice Krispies Treats, Juice</p>	<p><b>17 Breakfast:</b> Rice Krispies w/Milk, Bananas  <b>Lunch:</b> Chicken &amp; Dressing, Butter Beans, Milk  <b>Snack:</b> Goldfish crackers, Juice</p>	<p><b>18 Breakfast:</b> Pancakes, Turkey Patty Sausage, Milk  <b>Lunch:</b> Chicken &amp; Rice, Corn, Mandarin Oranges, Milk  <b>Snack:</b> Chocolate Chip Cookies, Juice</p>
<p><b>21 Breakfast:</b> Apple Cinnamon Oatmeal, Milk  <b>Lunch:</b> Fried Chicken Sandwich, Green Beans, Mashed Potatoes, Milk  <b>Snack:</b> Cheez It Crackers, Juice</p>	<p><b>22 Breakfast:</b> Cinnamon Rolls, Peaches, Milk  <b>Lunch:</b> Chicken Noodle Soup, Turkey Sandwich, Milk  <b>Snack:</b> Animal Crackers, Juice</p>	<p><b>23 Breakfast:</b> French Toast Sticks, Mixed Fruit, Milk  <b>Lunch:</b> Meatloaf, Mashed Potatoes, English Peas, Milk  <b>Snack:</b> Goldfish Crackers, Juice</p>	<p><b>24 Breakfast:</b> Cheerios w/ Milk, Bananas, Milk  <b>Lunch:</b> Chicken &amp; Dumplings, Carrots, Butter Beans, Milk  <b>Snack:</b> Yogurt, Graham Crackers, Juice</p>	<p><b>25 Breakfast:</b> Grits, Whole Wheat Toast, Milk  <b>Lunch:</b> Cheesy Chicken Penne Pasta, Mixed Vegetables, Pears, Milk  <b>Snack:</b> Gold Fish Crackers, Juice</p>
<p><b>28 Breakfast:</b> Yogurt, Peaches, Milk  <b>Lunch:</b> Chicken Parmesan &amp; Bow Tie Pasta, Butter Peas, Milk  <b>Snack:</b> Rice Krispies Treats, Juice</p>	<p><b>29 Breakfast:</b> French Toast Sticks, Applesauce, Milk  <b>Lunch:</b> Vegetable Beef Soup, Grilled Cheese Sandwiches, Milk  <b>Snack:</b> Pudding, Graham Crackers, Juice</p>	<p><b>30 Breakfast:</b> Buttered Biscuit, Jelly, Peaches, Milk  <b>Lunch:</b> Pulled BBQ Chicken Sandwich, French Fries, Baked Beans, Milk  <b>Snack:</b> Cheez It Crackers, Juice</p>	<p><b>31 Breakfast:</b> Pancakes, Turkey Patty Sausage, Milk  <b>Lunch:</b> Shepherd's Pie, Green Beans, Applesauce  <b>Snack:</b> Oatmeal Cookies, Juice</p>	



## Dates to Remember!

**October 11th & 14th-** Fall Break School's Out Days for LCS, VCS Open Bible & Crossroads

**October 4th-** Fire Truck visit

**October 16th, 17th & 18th-** Fall Break School's Out Days for Scintilla

**October 25th-10:00am-** Smokey Bear visits Brookfield

**October 31st-** Halloween Parties-check with your child's teacher for times. **Wear a non-scary costume to school today!**