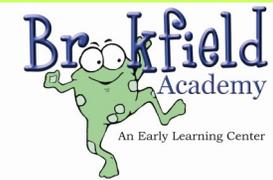


September 2022 Theme: "Once Upon a Time"

MON	TUES	WED	THURS	FRI
			1 Breakfast: Grits, Peaches, Milk Lunch: Pizza, Corn, Pineapple, Milk Snack: Rice Krispy Treats, Juice	2 Breakfast: Cereal, Bananas, Milk Lunch: Ham & Cheese Sandwiches, chips, apple, Teddy Graham Cookies, Milk Snack: Animal Crackers, Juice
5 CENTER CLOSED for Labor Day	6 Breakfast: Assorted Muffins, Mixed Fruit, Milk Lunch: Cheeseburger Macaroni, Corn, Lima Beans, Milk Snack: Goldfish crackers, Juice	7 Breakfast: Waffle Sticks with syrup, Milk Lunch: Beef Stew, Brown Rice, Pears, Milk Snack: Vanilla Wafers, Pudding, Juice	8 Breakfast: Grits, Whole Wheat Toast, Milk Lunch: Lasagna, Green Beans, Mandarin Oranges, Milk Snack: Gold Fish Crackers, Juice	9 Breakfast: Assorted Muffins, fresh fruit, Milk & Orange Juice Lunch: Chicken & Rice, Black-eyed Peas, Milk Snack: Animal Crackers, Cheese, Juice
12 Breakfast: Yogurt, Pineapple, Milk Lunch: Sliced Ham, Macaroni & Cheese Green Peas, Milk Snack: Graham Crackers, Yogurt, Juice	13 Breakfast: Grits, Buttered Toast,, Milk Lunch: Chicken Fettuccine Alfredo, Green Peas, Pears, Milk Snack: Oatmeal Cookies, Juice	14 Breakfast: French Toast Sticks with Syrup, Milk Lunch: Tater Tot Casserole, Green Beans, Mandarin Oranges, Milk Snack: Pudding, Graham Crackers, Juice	15 Breakfast: Rice Krispies w/ Milk, Milk Lunch: Sloppy Joes, Corn, Peaches, Milk Snack: Butter Cookies, Juice	16 Breakfast: Cinnamon Rolls, Applesauce, Milk Lunch: Chicken & Dumplings, Lima Beans, Milk Snack: Gold Fish Crackers, Juice
19 Breakfast: Waffles, Peaches, Milk Lunch: Cheesy Chicken & Broccoli Penne Pasta, Pineapple, Milk Snack: Ritz Crackers & Cheese, Juice	20 Breakfast: French Toast Sticks, Peaches, Milk Lunch: Pulled BBQ Chicken Sandwiches, Macaroni & Cheese, Baked Beans, Milk Snack: Goldfish crackers, Juice	21 Breakfast: Cheese Toast, Pears Milk Lunch: Chicken & Dressing, Corn, Peaches, Milk Snack: Rice Krispy Treats, Juice	22 Breakfast: Chicken Biscuits, Pears, Milk Lunch: Grilled Chicken Sandwiches, Tater Tots, Field Peas, Milk Snack: Cheese Crackers, Juice	24 Breakfast: Grits, Peaches, Milk Lunch: Roast Turkey Slices, Mashed Potatoes, Peas & Carrots, Milk Snack: Ritz Crackers & Cheese, Juice
26 Breakfast: Oatmeal, Pears, Milk Lunch: Chicken Noodle Bake, Green Beans, Applesauce, Milk Snack: Brownies, Juice	27 Breakfast: Pancakes, Peaches, Milk Lunch: Beef-a-Roni, Lima Beans, Pears, Milk Snack: Cheese Crackers, Juice	28 Breakfast: Cereal, Bananas, Milk Lunch: Chicken Parmesan, Green Peas, Mandarin Oranges, Milk Snack: Vanilla Wafers, Yogurt, Juice	29 Breakfast: French Toast Sticks, Peaches, Milk Lunch: Spaghetti, Broccoli & Cheese, Corn, Milk Snack: Goldfish Crackers, Juice	30 Breakfast: Whole Wheat Cheese Toast, Peaches, Milk Lunch: Chicken Nuggets, Mashed Potatoes, Field Peas, Milk Snack: Cheese Crackers, Juice



Dates to remember:

September 2nd-"My Friends & Me" Picnic (check your child's class lunch time with teachers for specific times) Parents welcome!

September 5th-CENTER CLOSED for Labor Day Holiday

September 9th-8:30am-9:30am-Grandparents Day Drop in Breakfast for 12 months & up classes! Grandparents & substitute parents welcome!

September 30th-FairyTale Ball for Dinos, Fish, K2, K3 and K4 classes! Dress up as a nursery rhyme or fairy tale character today!