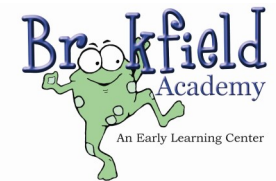


February 2019

Theme: "We Love to be Healthy"

MON	TUE	WED	THU	FRI
				1 Breakfast: Turkey Sausage, Fruit, Milk Lunch: Chicken & Rice, Green Beans, Fruit, Milk Snack: Rice Krispy Treat,, Juice
4 Breakfast: Apple Cinn. Oatmeal, Milk Lunch: Chicken & Dressing, Lima Beans, Pears Milk Snack: Oatmeal Cookies, Juice	5 Breakfast: Pancakes, Fruit, Milk Lunch: Spaghetti, Corn, Oranges, Milk Snack: Ritz Crackers W/ Cheese, Juice	6 Breakfast: Cheerios, Bananas, Milk Lunch: Chicken Nuggets, Green Beans, Peaches, Milk Snack: Pudding, Vanilla Wafers, Juice	7 Breakfast: Assorted Muffins, Milk Lunch: Sliced Ham, Macaroni & Cheese, English Peas, Milk Snack: Apple Slices, Cheese, Juice	8 Breakfast: Cheese Grits, Mixed Fruit, Milk Lunch: Chicken Noodle Bake, Steamed Broccoli, Mandarin Oranges, Milk Snack: Rice Krispy Treats, Juice
11 Breakfast: Chicken Biscuits, Pineapple, Milk Lunch: Ravioli, Lima Beans, Peaches, Milk Snack: Animal Crackers, Juice	12 Breakfast: Whole Grain Waffles, Syrup, Mixed Fruit, Milk Lunch: Meatloaf, Mashed Potatoes, Green Peas, Milk Snack: Cheese Crackers, Juice	13 Breakfast: Cinnamon Toast / Cheese Toast, Oranges, Milk Lunch: Cheeseburger, Tater Tots, Green Beans, Milk Snack: Gold Fish Crackers, Juice	14 Breakfast: Rice Krispies w/Milk, Bananas Lunch: Chicken Parmesan w/Pasta, Corn, Milk Snack: Pudding, Vanilla Wafers, Juice	15 Breakfast: Hash Rounds, Turkey Sausage, Milk Lunch: Broccoli Cheese Soup, Turkey Sandwich on Whole Wheat Bread, Milk Snack: Fruit Cocktail, Juice
18 Breakfast: Muffin, Oranges, Milk Lunch: Grilled Chicken Sandwich, Green Peas, Sweet Potato Fries, Milk Snack: Cheese Crackers, Juice	19 Breakfast: Butter Biscuits with Jelly , Pineapple, Milk Lunch: Sliced Turkey, Mashed Potatoes, Field Peas, Milk Snack: Apple Slices, Cheese, Juice	20 Breakfast: Grits, Peaches, Milk Lunch: Pizza, Green Beans, Fruit, Milk Snack: Yogurt, Graham Crackers, Juice	21 Breakfast: Cheerios w/ Milk, Bananas, Milk Lunch: Chicken and Dumplings, Corn, Milk Snack: Muffins, Milk	22 Breakfast: Chicken Biscuits, Yogurt, Milk Lunch: Chicken, Broccoli & Rice Casserole, Carrots, Dinner Roll, Milk Snack: Gold Fish Crackers, Juice
25 Breakfast: Whole Grain Waffles with Syrup, Peaches, Milk Lunch: Grilled Chicken Nuggets, Smiley Face Fries, Mixed Fruit, Milk Snack: Rice Krispy Treats, Juice	26 Breakfast: Chicken Biscuit, Milk Lunch: Beef a Roni, Lima Beans, Applesauce, Milk Snack: Fruit Cocktail, Vanilla Wafers, Juice	27 Breakfast: Muffin, Fruit, Milk Lunch: Italian Chicken, Bow tie pasta, Butter Beans, Mandarin Oranges, Milk Snack: Chocolate Chip Cookies, Juice	28 Breakfast: Cheerios w/Milk, Bananas, Milk Lunch: Beef Stew, Mashed Potatoes, , Milk Snack: Cheese Crackers, Juice	



Dates To Remember

We would appreciate your vote for Best Daycare in South Georgia with the VDT! Thank you for the nomination!

2/14: Valentine's Day Parties

Winter Breaks:

LCS— Feb. 15, 18, 19

VCS— Feb. 15,18

Scintilla— Feb. 15,18

Crossroads— Feb. 15,18

Open Bible— Feb. 18

Dental Health Presentation-Feb.

25th 10:00 am

For K-3 & K-4